



## PALLIATIVE MEDICINE CONSULT TRIGGER SHEET

Please consider the following criteria when determining the palliative care needs of your patient:

### *Primary Disease Process*

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| <ul style="list-style-type: none"> <li>a. Cancer (Metastatic/Recurrent)</li> <li>b. Advanced COPD</li> <li>c. Stroke (with decreased function by at least 50%)</li> <li>d. End stage renal disease</li> </ul> | <ul style="list-style-type: none"> <li>e. Advanced congestive heart failure</li> <li>f. Ventilator dependent</li> <li>g. Catastrophic illness/injury</li> <li>h. Other life-limiting disease</li> <li>i. Chronic disease that is now <b>life-limiting</b></li> </ul> |
|---|--|

### *Concomitant Disease Processes*

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|--|--|
| <ul style="list-style-type: none"> <li>a. Liver disease</li> <li>b. Diabetes</li> <li>c. Moderate renal disease</li> </ul> | <ul style="list-style-type: none"> <li>d. Moderate COPD</li> <li>e. Moderate congestive heart failure</li> <li>f. Other condition complicating care</li> </ul> |
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### *Clinical Assessment*

Uncontrolled Physical Symptoms (could include but not limited to):

- a. Pain
- b. Dyspnea
- c. Nausea(+/-vomiting)
- d. Cough
- e. Delirium
- f. Insomnia
- g. Anxiety
- h. Agitation
- i. Declining performance status
- j. Psychosocial issues

### *Other criteria to consider*

- a. Team/patient/family needs help with **complex decision-making** and **determination of goals of care**.
- b. Patient has **unresolved** level of pain or other symptom distress for greater than 24 hours.
- c. Patient has **unmet** psychosocial, cultural or spiritual issues.
- d. Patient has frequent visits to Emergency Department (more than once per month for same diagnosis)
- e. Patient has more than one hospital admission for the same diagnosis in last 30 days.
- f. Patient has prolonged length of stay (greater than five days) without evidence of progress.
- g. Patient has prolonged stay in ICU and/or transferred from ICU to ICU setting without evidence of progress.
- h. Patient is in an ICU setting with documented poor prognosis.

*After obtaining a physician order for consult, please call consult to:*

**PALLIATIVE MEDICINE CONSULTANTS**  
**704-375-0100 (available 24 hours/7days week)**